Self-Regulation in the Social World with Treatment Frameworks

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Our Social Thinking Methodology serves three distinct purposes when teaching social competencies. Each purpose becomes a category providing specific content within our methodology:

1. How the social world works*
2. How I work (navigate to regulate) in the social world*
3. How my social learner is currently understanding, navigating and regulating within the social world

* Categories are briefly reviewed in our webinar: Understanding Self-Regulation: Help Your Students Learn to Help Themselves

On the right is a list of some of our core **treatment frameworks** for categories 1 and 2 for use with individuals and groups of students, and **conceptual frameworks** that are part of category 3 which are to be utilized by interventionists and diagnosticians.

Each framework provides a link to a product, eLearning module or free article that explores the concept published by Social Thinking Publishing. To learn more about our different type of treatment frameworks and the research the Social Thinking Methodology is based on, read the article Research to Frameworks to Practice: Social Thinking's Layers of Evidence.

Enjoy the many resources!

1. How the social world works
- Be a Social Detective
- Four Steps of Face to Face Communication
- Four Steps of Perspective Taking
- The Perspective Taking Loop
- The Social Emotional Chain Reaction
- The Social Behavior Map - GO
- Language to Relate
- The Friendship Pyramid
- Unique Social Thinking Vocabulary List

2. How I work (navigate to regulate) in the social world
- What's a strategy?
- Learning about my strengths and weaknesses
- Zones of Regulation
- Learning to be comfortable with discomfort
- Superflex, Thinkables & the Team of Unthinkables
- Our inner mind: Inner coach & self defeater
- Spiral of Failure & Spiral of Success
- Size of the Problem
- Learning about my goals and action plans

3. How my social learner is currently understanding, navigating and regulating in the social world
- Social Thinking – Social Competency Model
- ILAUGH Model of Social Cognition
- Building Blocks of Social Development for Young Children
- Group Collaboration, Play and Problem Solving Scale (GPS)
- Social Thinking – Social Communication Profile
- Informal Dynamic Social Thinking Assessment tasks (e.g. Think with Eyes; Double Interview, etc.)
- Social Learning Tree
- Organized Thinking