## Impressions: We make them all the time. How am I doing?



- 1. After or during your Zoom/online session or group, think about the 8 questions below.
- 2. Rate yourself using the 10 point scale (10 is the highest, 1 is the lowest).
- 3. Use the annotation tool to mark the box where you think your impression landed

Question 1: Did you show your face (keep video on, have your whole face in the frame)?

Question 2: Did you mute and unmute at the expected times?

**Question 3**: Did you share your plan when you went to do something off the screen (e.g., get a snack, use the bathroom, etc.)?

Question 4: Did you use the Zoom camera in an expected way?

**Question 5:** Did you use the Zoom features in an expected way (e.g. annotate at the expected times, share screen when asked, etc.)?

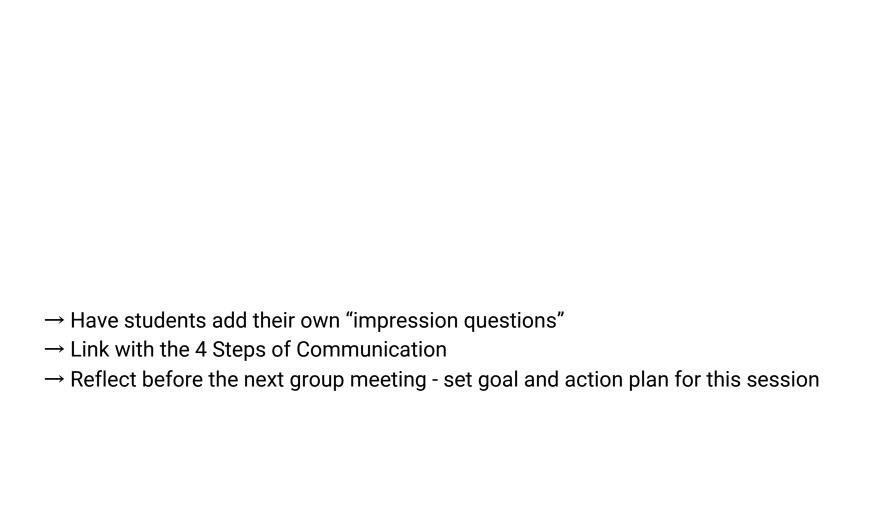
**Question 6:** Did you keep your brain in the group/attend to the group (avoid side videos, play games, email, etc.)?

Question 7: Did you show interest in others thoughts, stories, plans, ideas etc.?

Question 8: Did you follow the group plan?

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10	9	8	7	6	5	4	3	2	1
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									



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